

CAMP-HOSTED PROGRAMS FOR GMW SYNAGOGUES AND SCHOOLS SUBSIDY OF UP TO \$200 PER PROGRAM AVAILABLE!

Hello Greater MetroWest Synagogue and Day School Leaders,

We are excited to present this curated guide to engaging, creative year-round programs offered by leading Jewish camps serving our community. Most of the programs are virtual. There are several in-person, socially-distanced program options as well. More than 35 programs to choose from!

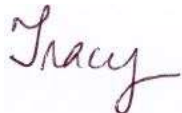
This program is supported by the Cooperman Family Charitable Fund of the Jewish Community Foundation of Greater MetroWest NJ.

Here are more details:

- Visit onehappycamperNJ.org/campprograms for the most current information and the Subsidy Request Form.
- We are offering a subsidy of UP TO \$200 per program run for a specific synagogue/school to cover the cost of supplies, staff time and/or other expenses. Each synagogue/school is eligible for up to three subsidies during winter-spring 2021. If there is a larger-scale program for which a larger subsidy is requested, please check with Tracy on potential funding.
- Please connect directly with camps of interest to plan a program. To qualify for the subsidy, the plan for each program should include the opportunity for camps to engage directly with parents of at least 5-10 families. Either the synagogue/school or camp may submit the Subsidy Request Form once plans are finalized (ideally the party requesting reimbursement).
- Synagogues/schools and camps are encouraged to collaborate across the denominational spectrum to bring a variety of creative and engaging programs to families of the community. Multiple synagogues may partner together to enable broader offerings.

We're here to help with planning! Please contact me with any questions or if you're seeking other types of programs.

Regards,



Tracy Levine

Director, One Happy Camper NJ

Jewish Federation of Greater MetroWest NJ

Tracy@OneHappyCamperNJ.org | O (973) 929-2970 | C (973) 975-9213

BERKSHIRE HILLS EISENBERG CAMP –JEWISH CULINARY CENTER (VIRTUAL)

Adam SaNogueira | 914-693-8952 x124 | adams@bhecamp.org



[Berkshire Hills Eisenberg Culinary Camp](#) is offering FREE. LIVE. CULINARY WORKSHOPS during which your child (4th grade and up) will cook along with other young chefs to prepare delicacies for dinner or dessert! Check out [virtualjcc.org](#) for more info and to register for Berkshire Hills Culinary Camp's free cooking and baking classes.

CAMP HARLAM | A URJ CAMP (VIRTUAL)

Amy Kagan, Associate Director | (610) 668-0423 ext. 1038 | akagan@urj.org



We value the relationships we have with our URJ congregations and look forward to working together to connect and reconnect with current and future camp families.

Please let us know how we may be able to partner together to complement the programs you are providing for your community and how you can help us promote camp to new families.

VIRTUAL FUTURE CAMPER PROGRAMS	VIRTUAL YOUTH PROGRAMS	VIRTUAL PARENT PROGRAMS	VIRTUAL CONGREGATIONAL PARTNERSHIP OPPORTUNITIES
<p>Parlor Meetings Parlor meetings are intended for parents and future campers and will include a presentation by camp's directors, the opportunity to address questions and concerns, and activities for kids to learn more about camp</p> <p>Camp Fair Families will have the opportunity to hear from the directors of Harlam, 6 Points Sports Academy, 6 Points Creative Arts Academy and 6 Points Sci-Tech Academy</p>	<p>Kindness Rocks Learn about Harlam's Middot & complete an art project to share your own values</p> <p>Virtual Games Tried-and-true, fun virtual camp favorites that demonstrate the value of connection and build relationships, like we do at camp</p> <p>PJ Party/Campfire Bring your pajamas and blankets; we'll bring the music and stories</p>	<p>Mental Emotional Social Health (MESH)-Focused Sessions Parents can learn about how to apply camp's strategies to ensure children survive and thrive</p> <p>Camp Readiness Parents can assess if and when their children are ready for a residential camp experience, and how to prepare themselves and their children for a successful summer</p>	<p>Shabbat & Holiday Programs Celebrate Shabbat & other holidays with a customized experience planned in partnership with a Camp Professional</p> <p>Teacher & Staff Training Making Virtual Experiences Engaging</p> <p>Mental Health First Aid Certification A skills-based training course that results in certification in key mental health responses and resources</p>

For more information contact your Camp Relationship Manager



CAMP HAVAYA (VIRTUAL)

Sheira Director-Nowak | (833) CAMP-HAV | direct: (267) 635-0361 | sheira@camphavaya.org

VIRTUAL PROGRAMS:

- **Cooking:** Roll up your sleeves, throw on an apron, and get ready to have fun! We'll guide kids and parents through a recipe that is seasonally-inspired, holiday-connected, or in keeping with your school's themes of the year.
- **The Masks We Wear:** We all have multi-faceted identities – some we choose to share and others we hold much closer. This hands-on activity gives kids and parents the much-needed opportunity to explore this important topic together.
- **Diversity Training:** Being part of a diverse world is a given for most kids ... and some parents feel like they're always playing catch-up. What are the correct terms? What do you do if your kid pushes you to change, but you're just not ready? How do you make sure not to screw it up? This parent-only session will give you some of the tools you need and help set you on your way.
- **Israeli Dancing:** Learn some of our favorite line dances. No experience necessary – just come ready to move, laugh, and have fun!
- **Film Discussion:** Everybody loves movie night! Invite families to watch a movie in the comfort of their own homes – and then have them join us for a facilitated conversation on its themes and values.
- **BIPOC or LGBTQIA+ Group:** Kids need to connect. We'll create space for self-identified kids to come together for a facilitated check-in conversation. (This session is not for parents.)
- **Family Time Capsule:** What will you remember from this strange time? What do you want to do when you don't have to stay so close to home? Explore what's really important to you as a family – then create a "time capsule" to open when the world reopens.

CAMP RAMAH IN THE BERKSHIRES (VIRTUAL)

Noam Kornsgold | (845) 832-6622 x105 | nkornsgold@ramahberkshires.org

The Spectacular Shabbat Scavenger Hunt

Shabbat is coming, and our friend Joseph doesn't have all the materials he needs! Help Joseph get ready through this house-sized scavenger hunt because he loves Shabbat so much!

Apollo 11: A Trip to the Moon in a Month [Rosh Chodesh Program]

The moon sometimes looks big; sometimes looks small; sometimes looks like nothing at all! Craft something special to remind you of the phases of the moon and of the important people in your life.

Modeh Emoji

Emoji are everywhere! They are in our texts, in our movies, and in our toys. Why can't they also be in our prayers?! Come and learn about Jewish prayers through the eyes of emoji. 🙏 ✨



CAMP YOUNG JUDAEA SPROUT LAKE (VIRTUAL)

Talia Horan-Block | (917) 595-1500 |
talia@cyjsproutlake.org

Israeli Cooking

Learn to make some of our favorite Israeli camp dishes from your own home! We will guide campers through easy, fun, and tasty recipes that are great for the whole family!

Escape from Entebbe

Join us in this awesome virtual escape room to commemorate Operation Entebbe. This challenging adventure is a great way to connect with other kids and learn about this famous mission!

Israeli Dance

Join our amazing dance instructors to learn traditional Israeli dances, with a Sprout Lake spin!



**CAMP YOUNG JUDAEA
SPROUT LAKE**
מחנה יהודה הצעיר ספראוט לייק

CAMP ZEKE (VIRTUAL)

Rachel Pineles | (212) 913-9783 | rachel@campzeke.org

All classes are available as stand-alone events or part of a series

Healthy cooking with Chef Alexandra! Join us in preparing easy, wholesome, fun, and delicious recipes with Camp Zeke's own Chef Alexandra Zohn. Alexandra has a Master's degree in Food Studies, and works as a Nutritionist, Mind-Body Eating Coach, Intuitive Eating Counselor, Chef, and Cookbook Author. Sample offerings include:

1. Sushi bowls
2. Mushroom tacos with salsa and guacamole (making tortillas from scratch)
3. Banana and nut/seed butter plant-based ice cream with homemade chocolate shell
4. Unicorn smoothie bowls
5. Anything you request!



Fitness with Oz! Join us in getting fitter, faster, and stronger with Camp Zeke's circus, gymnastics, and fitness coach, Oz Kaynan. Class offerings include:

1. Basic gymnastics conditioning focusing on core strength, upper/lower body strength, acrobatics.
2. General fitness focusing on cardio, strength training, and specific muscle work.
3. Juggling skills for beginners up to advanced jugglers. Participants learn how to juggle three balls.

Virtual Campfire with Cantor Melanie! BYOS (Bring your own s'mores) and get ready to sing along to some campfire favorites with Camp Zeke's master songleader, Cantor Melanie Blatt.

EDEN VILLAGE CAMP (VIRTUAL)

Johanna Press | (845) 809-0080 | johanna@edenvillagecamp.org

Eco-debates

What happens when two Jewish values collide? Learning about *machloket l'shem shamayim*, kids will put real world dilemmas on trial in the context of Jewish and ecological values.

Elderberry Syrup and Cheesemaking Workshops
 (materials mailed in advance)

(January only) Lead your own Tu b'Shevat seder

Get ready to lead a Tu b'Shevat seder for your family! You'll go on a scavenger hunt to create your own seder plate and learn traditions, stories, and mystical meanings of Tu b'Shevat.



NJY CAMPS – CAMP NAH-JEE WAH (VIRTUAL AND IN-PERSON)

Jeff Horowitz | 973-575-3333 x170 | jeffhorowitz@njycamps.org



VIRTUAL OFFERINGS



MAGIC SHOWS

Prepare to be amazed by your choice of a professional magician or a mentalist! Both were terrific NJY staff, both are professionals in their fields, and both are great for kids and families alike!

GREAT DEBATE (FOOD, SPORTS, MUSIC, MOVIES)

Can't get enough of March Madness? Have our amazing team host a Great Debate where we ask the audience to help us decide one winner from a bracket of 16 choices. The topics of choice are limitless but include: Best Movies of the 2000's, Best Team in the NBA, and so much more!



MINUTE TO WIN IT

From Cookie eating, to speed stacking, to t-shirt races, enjoy some light competition, either as individuals or as a family- Fun for all ages!

CAPTION THIS (MEME CONTEST)

Get those creative juices flowing in this NJY classic! We'll put up a funny picture, and it's your job to Meme it!

TRIVIA NIGHTS

We can provide the categories, or you can provide them for us...but an NJY Trivia is like none-other with (5) amazing hosts, (5) amazing categories, and (5) randomized bonus questions!



IN-PERSON OFFERINGS



DIGITAL SCAVENGER HUNT

We'll create a list of all types of sights and scenes to take pictures of, and as a group, you'll race around to capture them first, before your opponents.

FAMILY APACHE RELAY

Nothing beats the thrill of color war at camp - so we're bringing the famous Apache Relay to your community. Put on your team's colors & get your game face ready for a relay race that will keep you on the edge of your seat!

CHALLENGE CHAMPIONS

Compete against our very talented and VERY competitive NJY Staff in all sorts of mini games - many of which you won't find anywhere else!



**WHETHER IT'S IN PERSON OR VIRTUAL, WE'LL BRING OUR 100
YEARS OF EXCELLENCE IN JEWISH CAMPING**

RAMAH SPORTS ACADEMY (VIRTUAL)

Ayala Wasser | (855) 577-7678 x101 | ayala@ramahsport.org



GET IN THE GAME WITH RSA!

Ramah Sports Academy is excited to offer engaging virtual programming for your community!



VIRTUAL FITNESS CLINIC

This 35-minute fitness offers a taste of our strength and conditioning program! The value of shmirat haguf, teaches that the body is a divine gift to be cared for, that includes participating in quality exercise. Strengthen your body, engage your mind, and reach your personal fitness goals!





TRIVIA CHALLENGE

Not your ordinary trivia! Join us for a values themed trivia program. Complete physical challenges, use teamwork, show off your sports knowledge, and have fun while getting goofy and creative! Participants will walk away with an enhanced understanding of our core Jewish values.





CHALK TALK

Celebrate my competition? God cares who wins? These sports-themed programs are shaped to encourage discussion around our core middot, values. Participants will contemplate how their own Jewish values inform their everyday lives.





Contact ayala@ramahsport.org for more information or to schedule your event.

SABABA BEACH CAMPS (VIRTUAL AND IN-PERSON)

Danny Mishkin | (516) 499-5349 | danny@sabababeachaway.org

Sababa Beach Camps offers a mindful, relaxed vibe to Jewish programming. We help families connect to nature, God, and self with our unique blend of Jewish education, meditation, humor, and fun!



- 1) **In Person: Spiritual Havdallah, Bonfire, and S'mores** with a state-of-the-art smokeless fire pit!
- 2) **Virtual: Holiday Game Night** which can include Bingo, a Scavenger Hunt, Trivia, and a Sprinkle of Jewish Meditation!!
- 3) **Virtual: 20 Minute Sababa Spa Break!!** Join us with your family for fun meditation and a few activities to help you relax!!

UNION FOR REFORM JUDAISM/RJ ON THE GO – INCLUDING 6 POINTS SPECIALTY CAMPS: ARTS, SCI-TECH AND SPORTS (VIRTUAL)

Kara Hoffman | (410) 609-9870 | KEHoffman@urj.org

RJ ON THE GO

There are numerous opportunities with URJ and 6 Points Specialty Camps, as well as Camp Harlam, the regional URJ Camp of the Greater MetroWest NJ community (see the separate Harlam listing).

- 1) **The [RJ on the Go](#) programming platform** is the new hub for interactive, meaningful Jewish experiences for everyone in the family from the comfort of home. This includes:
 - Taste of Camp workshops in Arts, STEM, and Sports
 - Parent Workshops
 - Jewish Life in Your Family Life – activities specifically for families of children in grades K-3
 - NFTY Teen Programs

A special session of one of these programs for your congregation may be available upon request.

- 2) **Recruitment programs** for specialty camps and/or regional URJ camp(s)
- 3) **Professional development for educators:** training by specialty camp leaders, including unique learning styles and ways to embrace zoom. They'll create a workshop to meet your needs.